

INSTRUCTIONS TO REMOVE A CATHETER

You are to remove your catheter on _____
early in the morning. Please call our office at (860) 242-2900 early in the afternoon and let us know how you are doing.

While in a **STANDING** position, cut the catheter with scissors half way between where the catheter comes out of the penis and where it attaches to the leg bag. When you cut the catheter, a small amount of water (about a tablespoon) will flow out of the penis side of the catheter. When the water is done flowing, you may gently slide the catheter out and dispose of it in the garbage. Remove the leg bag and also put it in the garbage.

If the catheter does not slide out easily **DO NOT FORCE**. Stop and call our office immediately and we will advise you.